

Are you looking for resources and services to support someone returning to the community in Allegheny County from an inpatient treatment facility?

Is the person:

- ☐ 14 years old or older
- ☐ Have a DSM diagnosis of a mental, behavioral, or emotional disorder that causes functional impairment, verified by a Licensed Practitioner of Healing Arts (LPHA)?
Defined as a physician, physician's assistant, certified registered nurse practitioner (CRNP), psychologist, LCSW, LMFT or LPC
- ☐ A Health Choices Member **and** lives in Allegheny County
- ☐ Is not already a part of a Community Treatment Team (CTT) or similar team
- ☐ Interested in learning how to lead their mental health recovery, learning skills and tools to help cope with life and their diagnosis, and interested in working with a Certified Peer Specialist for help in meeting their goals?

If so, refer to a Peer Support Program.

Peer support is a proven service delivered by Certified Peer Specialists (CPS) to those eligible for Medical Assistance. Certified Peer Specialists are people who have a lived experience with their own mental health challenges. They have all moved forward in their lives and have been trained to help others decrease isolation, learn recovery skills and tools, provide hope of a better life, and most importantly, support someone in their move toward wellness. Mobile CPSs are able to meet members in their homes, in the community, and support them to access medical appointments.

We believe

- ✓ Everyone can move forward in their lives regardless of their diagnosis
- ✓ Mental health recovery is a journey, not a destination
- ✓ Being a part of a community and finding natural supports is important to everyone
- ✓ Working with Peer Support helps inspire hope
- ✓ Everyone deserves to live a life in dignity, free from trauma, neglect, discrimination and prejudice
- ✓ Medications and clinical services are tools as important as personal medicine

Contact one of the following programs in and around Allegheny County to make a referral:

Adolescent and Adult Providers

- ☐ **UPMC Western Behavioral Health at Mon Yough (formerly known as Mon Yough Community Services)**
Beth Ann Nation, 500 Walnut Street, 1st Floor, McKeesport, PA 15132 (412) 675-8528
- ☐ **Resources for Human Development (RHD)**
Michael Van der Zee, 810 River Avenue, Suite 250, Pittsburgh, PA 15212 (412) 652-9957
Adult program is for those with current or past forensic involvement
- ☐ **Westmoreland Casemanagement and Supports, Inc (WCSI)**
Nina D'Antonio, 770 East Pittsburgh St. Suite D Greensburg, PA 15601 (724) 837-1808

Adult Providers

- ☐ **Mercy Behavioral Health/Pittsburgh Mercy**
Vicky Baumann, 1200 Reedsdale Street, Pittsburgh, PA 15233 (412) 339-6046
- ☐ **Milestone Centers, Inc.**
Saya Krebs, 718 Wood Street, Wilkinsburg, PA 15221 (412) 243-3400 ext. 117
- ☐ **Peer Support and Advocacy Network (PSAN)**
Tom Devereaux, 960 Penn Avenue, Suite 1100, Pittsburgh, PA 15222 (412) 227-0402
- ☐ **Staunton Clinic**
Jim Boaks, 111 Hazel Lane, Edgeworth Square, Sewickley, PA 15143 (412) 749-7888
- ☐ **Adaptive Behavioral Services**
Isaiah Gwinn, 204 North Highland Avenue, Pittsburgh, PA 15206 (412) 661-7790
- ☐ **UPMC Western Psychiatric Hospital (WPH)**
Sheri Washington, 3501 Forbes Avenue 6th Floor, Pgh, PA 15213 (412) 246-5854
- ☐ **Warm House of Greater Pittsburgh**
Candace Dyer Bey, 249 North Craig Street, Pittsburgh, PA 15213 (412) 248-9276