

VIRTUAL Co-Occurring Disorder Series

2022

3/2/2022	Understanding Co-Occurring Disorders
3/16/2022	Effective Group Approaches for Individuals with Co-Occurring Disorders
3/30/2022	Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medications
4/12/2022	Moving Clients with Co-Occurring Disorders Through the Stages of Change
4/20/2022	Self-Care as an Ethical Priority
5/4/2022	Aggression, Domestic Violence and More in the Co-Occurring Culture
5/18/2022	Engaging Families to Improve Co-Occurring Outcomes
6/1/2022	A Look at Special Populations: Homeless, Military & Veterans, and Criminal Justice
6/15/2022	One More Special Population: The Young Brain
6/29/2022	Another Look at Special Populations: Women, Older Adults, and LGBTQIA+

We have taken into consideration that it can be VERY difficult to sit through LONG, virtual trainings, therefore the COD trainings have been separated and condensed into 3 or 4-hour trainings for this COD series.

Understanding Co-occurring Disorders (3/2/2022)

This introductory session is an overview of the Co-Occurring Disorder Series. The training focuses on culturally competent identification of the characteristics of co-occurring mental health and substance use disorders, as well as evidence-based models that treat co-occurring disorders concurrently and collaboratively.

Effective Group Approaches for Individuals with Co-Occurring Disorders (3/16/2022)

There are significant advantages to using group approaches when working with clients with co-occurring disorders. This training will review the ideal group dynamics, as well as creative group ideas, including for virtual groups. In addition, the benefit of self-help groups, such as 12-step groups, will be discussed.

Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medication (3/30/2022)

Medications are often a helpful, and sometimes necessary, tool when working with clients with co-occurring disorders. This training will educate clinicians about the basics of medications for mental health issues, as well as substance use disorders. A review of how to help clients navigate their medication disclosure, including in a 12-step environment, will also be discussed.

Moving Clients with Co-Occurring Disorders Through the Stages of Change (4/12/2022) (NOTE: This training is on a Tuesday)

Prochaska and DiClemente's Stage Theory is a highly researched model that is helpful when working with clients with mental health issues and substance use disorders with various cultural backgrounds. This training will review the various processes of change, as well as techniques to help clients move forward in their overall recovery.

Self-Care as an Ethical Priority (4/20/2022)

Dealing with our own lives impacts how we work with clients, and behaviors from clients can trigger our unhealed wounds. The additional stress of being an "invisible essential worker" during COVID-19 has provided additional impact. This training will look at the importance of self-care and how it impacts our ethical decisions.

Aggression, Domestic Violence and More in the Co-Occurring Culture (5/4/2022)

Mental health and substance use issues are often entangled with aggression and domestic violence, as well as human trafficking. This advanced training will look at this connection and help participants understand the importance of on-going screening, assessment and intervention regarding violence while also keeping themselves and the community safe.

Engaging Families to Improve Co-Occurring Outcomes (5/18/2022)

Family cultural and dynamics have a significant impact on the success of treatment and recovery for individuals dealing with co-occurring disorders. This training will review methods to positively engage families

and help them strengthen and grow. In addition, we will focus on relapse issues that can be impacted by dysfunction in the family and how to teach skills to clients to cope with dynamics they cannot change.

A Look at Special Populations: Homeless, Military & Veterans, and Criminal Justice (6/1/2022)

Understanding the generalities of co-occurring disorders is not enough. Community workers in various settings must also be aware of how sub-cultures are impacted in different ways. This advanced training will cover additional complications that those involved with homelessness, criminal justice, and the military may experience.

Important Special Population: The Young Brain (6/15/2022)

Childhood, adolescence, and young adulthood are times for significant growth—physically and emotionally. Because the young brain is not fully developed until around age 25, it responds differently than an adult brain. This training will focus on these developments and how the young brain is impacted by mental health and substance use issues.

Another Look at Special Populations: Women, Older Adults, and LGBTQIA+ (6/29/2022)

Understanding the generalities of co-occurring disorders is not enough. Community workers in various settings must also be aware of how sub-cultures are impacted in different ways. This advanced training will cover a review of special concerns regarding women, older adults, and the LGBTQIA+ community.

A certificate of attendance will be sent out for each training of the series

****Social work credits are being applied for, please sign-up for credits if you would like them.
I will let you know if they are NOT available****

Thank you!

Registration For VIRTUAL COD 2021/2022 Series

**** All of the trainings in this series will be virtual, on the Zoom platform ****

This Beaver County training series is free of charge, with priority given to Beaver County residents and providers.

First Name: _____ Last Name: _____

Agency: _____

Address: _____

City: _____ Zip: _____

Email: _____

Please indicate which training(s) you would like to attend:

- a) 3/2/2022 9AM-12 PM ____ Understanding Co-Occurring Disorders
- b) 3/16/2022 9AM-12 PM ____ Effective Group Approaches for Individuals with Co-Occurring Disorders
- c) 3/30/2022 9AM-12 PM ____ Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medications
- d) 4/12/2022 9AM-12 PM ____ Moving Clients with Co-Occurring Disorders Through the Stages of Change
- e) 4/20/2022 9AM-1 PM ____ Self-Care as an Ethical Priority
- f) 5/4/2022 9AM-1 PM ____ Aggression, Abuse and Human Trafficking in the Co-Occurring Culture
- g) 5/18/2022 9AM-12 PM ____ Engaging Families to Improve Co-Occurring Outcomes
- h) 6/1/2022 9AM-1 PM ____ A Look at Special Populations: Homeless, Military & Veterans and Criminal Justice
- i) 6/15/2022 9AM-1 PM ____ An Important Special Population: The Young Brain
- j) 6/29/2022 9AM-12 PM ____ Another Look at Special Populations: Women, Older Adults and LGBTQIA+

Please indicate if you are requesting:

____ Social Work Credits (Pending approval) Last 5 of SS# (if requesting SW Credits) _____

ZOOM links for the trainings will be sent out prior to each training.

Questions?

Email Jennifer Boeringer @ Jennifer@etc-pa.com