What is a Certified Peer Specialist?

A certified peer specialist is someone who:

- Has lived experience of mental health recovery
- Has been trained by the state of Pennsylvania to provide support services for mental health recovery
- Helps other peers empower themselves to lead richer and healthier lives by meeting their goals

What services do Peer Specialists offer?

Services include:

- Helping people advocate for themselves
- Sharing resources
- Creating community connections
- Giving support
- Expanding interests
- Goal setting
- Supporting people in their recovery journey



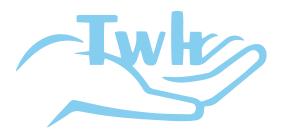
Certified Peer Specialist Program



Call for more information:

412-248-WARM (4276)





Who is eligible for Certified Peer Specialist services?

All mental health consumers who are at least 18 years of age and reside in Allegheny County may apply for Certified Peer Support services.

How can a Certified Peer Specialist help me in my recovery journey?

A Certified Peer Specialist will help you empower yourself to lead a richer and healthier life. They will do so by offering support; sharing resources;

developing goals and most importantly- walking along side you on your recovery Journey.

If you are interested in receiving Certified Peer Support services or have any questions, please discuss with your provider or call:

412-248-WARM (9276)

Any one of us could be affected by an unexpected life event or illness where peer support will be vital to our recovery and wellbeing

