## What can I do if I am in Crisis?

## **UPMC Beaver County Crisis**

1020 8th Avenue Suite 136 (1st Floor) Beaver Falls PA 15010

724-371-8060 Toll Free: 1-800-400-6180

Selecting from these options may help you avoid a hospital stay.

Or, if necessary, <u>UPMC Beaver County Crisis</u> can help you facilitate a hospital admission:

- Call the **24-hour Crisis Telephone Hotline** (above) at **UPMC Beaver County Crisis.** The Hotline is available 24 hours a day, 7 days a week, including holidays.
- Go to the Walk-In Center, also located at UPMC Beaver County Crisis in Beaver Falls.
   The Center is open between 7am and 10pm, 365 days per year.
- Request a team of clinicians from **Mobile Crisis Services**. They can meet with consumers in their home or in the community, Monday through Friday, from 10am to 6pm.
- Just need to talk to someone? **WARMLINE Peers** are available from 6pm to 9pm, 365 days a year, including holidays and weekends at 724-775-9507 or Toll-Free at 1-877-775-9276.
- The least restrictive care is always preferred. But when further aid is needed,
   UPMC Beaver County Crisis can also facilitate referrals to community resources and other supports such as transportation to the hospital.

"Just call. We will help you explore your options."