



## StepOut Mentoring Check-Ins

As students and schools navigate the 2020-2021 school year, Community Alternatives recognizes that support and assistance play a role in being a true community partner. We believe in providing high quality services, even in difficult times, so we are now offering a new and innovative option for educators and youth who may be dealing with frustration and confusion as we navigate the Covid-19 crisis and new learning styles.

StepOut Mentoring is a simple, but useful service utilizing components of our school-based mentoring program. With this service, college-level mentors will do weekly check-ins with high school students identified by the districts as having additional needs or difficulty that may be impeding their academic success. With the check-ins, the mentors will ensure that the students have the necessary tools for their success and can discuss any other stressors associated with distance learning or other issues that they are dealing with. The mentors will provide this support to students at least one time per week. If there are issues impeding student success, the mentors can provide information to school contacts or Community Alternatives staff who can reach out to the districts. This can be a useful tool to bridge the gap for teachers who may not be aware of student issues and can provide stress relief to students who may be overwhelmed with online and other forms of distance learning.

StepOut mentors can use various platforms of social media to contact students, as this will not be a face to face service. School districts will identify students who can benefit from the service and parents can fill out the permission form associated with the program. Parents can then choose the platforms that they are comfortable with regarding the contact times, schedule, and format that the mentor will use for these relationships.

At Community Alternatives, we recognize that this school year includes novel challenges that require unique interventions to combat social, academic, and emotional issues that youth and teens are facing. StepOut Mentoring is one more intervention that can help our community with these issues.

If you are interested in finding out more about this program, please feel free to contact Rick Mattia at 724-506-2340 or rmattia@communityalt.org.