



Stories of Hope & Recovery

The **Beaver County System of Care** is asking individuals and family members to share their story of **Hope & Recovery**. We would like to hear from people who are in recovery while living with a mental health, substance abuse or co-occurring disorder.

- What keeps you well?
- Is there someone special who makes a difference in your life?
- Are there services or supports that have helped?
- Who consistently goes the extra mile for you?

YOU are an important part of the **Beaver County System of Care** story and there are many ways to celebrate your good health and success. Let others know that *there is hope* and *people can and do recover!*

- Submit your artwork
- Write a testimonial
- Send a video
- Speak at a Committee/Subcommittee meeting
- Present at our annual Stakeholder Event
- Become part of The Human Library
- Join the Speaker's Bureau at the MHA

☐ *I understand that by submitting my story I am allowing it to be viewed by others.*

For more information or assistance, please contact [Bonnie Palmieri](#) at 724.624.7203.